

From the Sunday Mail

Good Health an Ancient Science

Kinesiology aims to bring good health and better quality of life by combining the ancient Chinese philosophies with the modern day knowledge of the west.

A professional Kinesiology practitioner helps people to discover the most effective way to bring your body into comprehensive health and well-being.

This technique has become well known for helping ailments such as back and neck pain, flexibility, injury recovery, emotional trauma or abuse, anxiety, phobias, depression, grief, allergies and sensitivities to foods and environmental issues, learning difficulties, behavioral problems, ADHD, concentration, and neurological disorders.

Due to increasing demands for natural health options, there is a shortage of professional Kinesiology practitioners in Queensland. Anyone looking for a change in occupation, returning to the workforce or who is a school leaver, can discover the rewards of this emotionally and financially fulfilling career.

Kinesiology Schools Australia

KSA is a Registered Training Organisation recognised by the Australian Quality Training Framework to provide nationally accredited training. KSA has campuses in four states throughout Australia. All lecturers are experienced practitioners and internationally accredited lecturers.

Testimonials

"This truly has been a life-changing course for me and if you are attracted to it – I suggest you follow your instincts and go for it. I did and it has been well worth it." Sue E.

"This program is the best I've seen. The structure of teaching creates an optimal environment of learning and discovery, and it is a joy to be a part of something so fantastic. I am privileged to be a part of something so profound." Breanna M.

"Thank you for the quality and content of the courses that you facilitate. After completing the year 2 subjects this year I am amazed at the skills I have learnt and been able to use to assist people with so many musculoskeletal issues. The clients are also thrilled and amazed. Thank you for facilitating these courses in a manner that allows the student to become a competent practitioner so quickly." Kathy Daniel

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Professional Kinesiology Practitioner Course

**Certificate IV in Kinesiology – HLT42807
Diploma in Kinesiology – HLT51507**

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What is Kinesiology?



Kinesiology is a comprehensive health care system, treating the whole person, not just the symptoms. Neurological feedback using light pressure on the muscles helps identify imbalances that cause the body to break down. Kinesiologists detect and correct neurological blockages relating to stress, nutrition, learning problems, injuries, energy and most health ailments. Corrections are made using a range of techniques including emotional processes, acupuncture, nutrition and other specialised techniques.

Professional Kinesiology Programme (PKP)

Kinesiology Schools Australia offers the most comprehensive, student-centred training in Kinesiology worldwide. There are three programs within PKP, the CERTIFICATE IV in Kinesiology, the DIPLOMA in Kinesiology and Post Graduate studies. This truly is an exciting course.

Certificate IV Kinesiology (BKP) – HLT42807

Graduates of the Certificate IV in Kinesiology are qualified to set up practice. The Certificate IV provides graduates with powerful basic Kinesiology techniques and procedures. This course is Nationally Recognised Training and is Austudy approved for up to a year. It consists of 14 units including 10 Kinesiology units, Anatomy & Physiology, First Aid, Clinical Safety and the Business Administration skills previously missing in Kinesiology courses.

The Kinesiology units provide a solid foundation in Kinesiology on which you can build the skills needed to become a successful practitioner. These units are designed to be fun, easy and progressively add to your skills.

In this course you will be learning techniques, starting with self care skills to identifying how imbalances between the muscles, meridians and organs effect each other, pain and illness. Discover how to identify the emotions that effect everything we do. Basic allergy and sensitivity assessment and correction skills are learnt along with pain reduction techniques and the Chinese philosophies of health care.

The course also teaches how to successfully assess clients, utilising highly developed formats of Kinesiology, which integrate mainstream subjects such as nutrition, practice management, clinical safety and communication skills.



Diploma in Kinesiology – HLT51507

The Diploma in Kinesiology, HLT51507, continues to build on the effective skills and knowledge learnt in the Certificate IV In Kinesiology.

Students learn a number of units covering the emotional aspects of health with effective counseling and emotional trauma 'defusing' techniques followed by units relating to muscles and joint affecting pain, flexibility and strength. Other units help with allergies and sensitivities to foods, substances and environmental issues that are increasingly effecting more people every year. Students will also learn Kinesiology techniques that help with learning difficulties and vibrational energies such as flower essences, gems, chakras and the auric fields.

This course is Austudy approved and accredited by the Australian Nationally Recognised Training Authority. Many Health Funds now require a Diploma in Kinesiology for clients to be able to claim. Clients of Kinesiology Schools Australia graduates qualify for these rebates.

Post Graduate Studies

Health practitioners are required to undertake Continued Professional Education. Kinesiology Schools Australia offers Post Graduate units with high quality techniques and knowledge to take earning ability to new heights.

These topics include the pelvic diaphragm, lymphatic system, personalities, vascular system, advanced learning problems, compulsive behaviours and more.

This truly is the highest quality Kinesiology training available today.

The most effective way to learn Kinesiology

All our lecturers are internationally accredited ensuring high quality education.

- Austudy approved
- Written by a medical doctor
- Affordable
- Experienced, high quality lecturer
- Highest quality Kinesiology training available
- Nationally Accredited Training
- Plenty of practical experience
- Financially rewarding
- Qualify as a practitioner
- From a novice to a professional in less than a year

For more information see
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