

KINESIOLOGY SCHOOLS AUSTRALIA:
UNIT:

RECOGNITION OF PRIOR LEARNING ASSESSMENT FORM
A&P201 ANATOMY & PHYSIOLOGY

HLTAP401A Confirm physical health status

ELEMENT	PERFORMANCE CRITERIA	PROOF	Y / N
1. Obtain information about physical health status	1.1 Work with a detailed understanding of the structure and functioning of <i>body systems</i>		
	1.2 Take into account the range of factors that may have impacted on an identified physical condition		
	1.3 Obtain information through <i>observation and/or questioning</i> to identify any actual or potential <i>problems</i> regarding health status		
2. Check physical health status	2.1 Use detailed knowledge of the structure and functioning of body systems to check health status prior to delivering health intervention or service in line with plan of care		
	2.2 Clarify the significance of physical health status in relation to a particular intervention in line with job role and organisation requirements		
	2.3 Consult appropriate person to clarify implications and significance of physical health status in the case of uncertainty or limits on <i>own capability or authority</i>		
3. Identify variations from normal physical health status	3.1 Identify a range of signs and symptoms of variations from normal health status using standard methods and protocols		
	3.2 Identify potential <i>factors responsible for significant variations from normal health status</i>		
	3.3 Identify potential risk factors associated with variations from normal health status		
	3.4 Recognise and refer potentially serious issues in line with <i>organisation requirements</i>		

REQUIRED SKILLS AND KNOWLEDGE

Essential knowledge:

- Common and medical anatomical terminology
- Concepts underpinning human anatomy and physiology, including:
 - levels of structural organisation of body systems
 - human life processes
 - homeostasis and the relationship between homeostatic imbalance and disease
- Structure, physiology of normal functioning of body systems, including:
 - cells, tissues and organs
 - cardiovascular system
 - respiratory system
 - musculo-skeletal system
 - endocrine system
 - digestive system
 - urinary system
 - reproductive system
 - integumentary system
 - lymphatic system
 - nervous system, including sensory systems – eye and ear
 - the special senses – smell, taste, vision, equilibrium and hearing
 - immune system
- Processes of metabolism, nutrition, body temperature regulation, biological maturation, inheritance and aging
- Causes of disease:
 - pathogens
 - inherited genetic conditions
 - trauma, toxins and other environmental hazards
 - nutritional factors
 - degenerative changes in vital organ systems
 - the loss of normal control mechanisms such as the uncontrolled growth of cancer cells
- Defence systems and immunity responses in relation to the whole body and the individual body systems.
- Common disorders, problems and complaints associated with each body system and its components, especially where relevant to specific health care services to be provided.
- Potential impacts of a range of factors, both internal (such as physical, mental, emotional factors) and external (e.g. in relation to specific health interventions) in relation to identified body systems and their components.

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Essential skills:

Ability to:

- Accurately use and articulate medical and/or paramedical terminology related to human anatomy and physiology and associated health issues in the context of providing specific health care services.
- Explain in clear language relevant aspects of the structure and functioning of the body systems with particular reference to specific health care services to be provided.
- Describe the major components of each body system and their location in relation to other structures.
- Explain the principles of functional anatomy in relation to each body system using concepts and principles specific to the nature of particular health care to be provided.
- Explain the key factors necessary to healthy functioning of each body system and inter-relationships between body systems needed to maintain overall health.
- Explain common problems associated with each body system and its components using terms relevant to specific health care to be provided.
- Recognise variations from normal functioning and determine an appropriate response in terms of:
 - referral to an appropriate medical, nursing or allied health professional
 - provision of appropriate health care services.
- Refer to or seek assistance from an appropriate medical or paramedical authority in relation to variations from normal functioning.
- Articulate scope of practice and boundaries for each individual team member

RANGE STATEMENT

<i>Organisation requirements may include but are not limited to:</i>	<ul style="list-style-type: none"> • Clinical practice guidelines • Protocols • Organisation policies and/or procedures 	<i>Observation and/or questioning may depend upon:</i>	<ul style="list-style-type: none"> • Status of client (may be under anaesthetic or even deceased, depending on particular area of practice)
<i>Own capability or authority may include but is not limited to:</i>	<ul style="list-style-type: none"> • Authority to practice • Organisation policies 		

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<p><i>Common problems to be identified may include:</i></p>	<ul style="list-style-type: none"> • Cardio vascular problems , such as <ul style="list-style-type: none"> - congestive cardiac failure - angina pectoris - cardiac arrest - thrombosis • Dental problems, such as: <ul style="list-style-type: none"> - gingivitis - halitosis • Digestive system problems, such as: <ul style="list-style-type: none"> - gastro-intestinal bleeding - gastroenteritis • Ear health conditions, such as: <ul style="list-style-type: none"> - otitis media - impairment • Endocrine system problems, such as: <ul style="list-style-type: none"> - diabetes mellitus • Eye problems, such as: <ul style="list-style-type: none"> - myopia - impairment - cataracts • Gastro-intestinal and abdominal conditions, such as: <ul style="list-style-type: none"> - gallstones - gastroenteritis - diverticulitis 	<p><i>Major body systems include:</i></p>	<ul style="list-style-type: none"> • Cardiovascular system • Respiratory system • Musculo-skeletal system • Endocrine system • Nervous system, including sensory system – eye and ear • Digestive system • Urinary system • Reproductive system • Integumentary system • Lymphatic system • The special senses – smell, taste, vision, equilibrium and hearing • Immune system
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<p><i>Common problems to be identified may include: (contd)</i></p>	<ul style="list-style-type: none"> • Genitourinary conditions, such as: <ul style="list-style-type: none"> - UTI - incontinence - dysuria - prostatic cancer • Integumentary system problems, such as: <ul style="list-style-type: none"> - burns - open wounds - wound infection • Musculo-skeletal system problems, such as: <ul style="list-style-type: none"> - soft tissue injury - fractures • Nervous system problems, such as: <ul style="list-style-type: none"> - cerebrovascular accident - seizure - dementia • Reproductive system problems, such as: <ul style="list-style-type: none"> - obstetric emergencies • Respiratory system problems, such as: <ul style="list-style-type: none"> - bronchospasm (asthma and anaphylaxis) - upper respiratory tract infection • Skin condition, infections and wounds, such as: <ul style="list-style-type: none"> - impetigo - dermatitis 	<p><i>Factors responsible for abnormal readings may include:</i></p>	<ul style="list-style-type: none"> • Differences in temperature measurements due to a range of internal and external body factors • Effect of exertion and anxiety on pulse rate and blood pressure • Faulty equipment or improper use of equipment • Failure to correctly calibrate equipment • Impact of environmental factors on equipment
		<p><i>Information provided to client may include:</i></p>	<ul style="list-style-type: none"> • Summary of health assessment findings • Information about potential impact of a range of internal and external factors on health. • Information on likely causes and management of uncomplicated health conditions. • Information on strategies to maintain good health and manage chronic health problems. • Information on specific health issues and available health care services/treatments.

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<p><i>Factors with potential to impact physical health may include but are not limited to:</i></p>	<ul style="list-style-type: none"> • External factors, such as: <ul style="list-style-type: none"> - diet and nutritional factors - use of alcohol, tobacco and other substances - environmental factors impacting health - level and type of physical activity • Internal factors, such as: <ul style="list-style-type: none"> - inter-relationship between body systems - emotional responses - patterns of thinking - disease process - pathogens 	<p><i>Health history may include:</i></p>	<ul style="list-style-type: none"> • History of any presenting problem (character, severity and duration of symptoms) • History of any actual or potential problems associated with activities of daily living • Client concerns and beliefs regarding their problems • Past health history, including use of alcohol, tobacco and other substances • Medications being taken • Allergies • Family circumstances, including identifying environmental health factors that may contribute to client's health issues • Basic dietary information, including diet history to determine food and drink intake
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