

**RBT201 Clinical Body Contact and Palpation**

**Purpose:**

To develop professionalism, skill and understanding in using Kinesiology techniques related to body contact. Those completing this unit standard are able to: prepare for and establish clinical body contact; maintain clinical body contact; and cease body contact in a Kinesiology setting; describe and demonstrate palpatory sense; use palpation to assess the client muscle state; demonstrate surface anatomy for 26 indicator muscles and integrate palpatory findings into the management of the client in a Kinesiology clinical practice setting.

<b>Elements of Learning</b>	<b>PROOF</b>	<b>Y / N</b>
Prepare for and establish clinical body contact		
Maintain clinical body contact		
Cease body contact in a clinical manner		
Describe and demonstrate palpatory sense		
Use palpation to assess the client in a Kinesiology setting		
Knowledge of surface anatomy		
Basic massage strokes		
Specific massage		
Additional techniques		
Deep tissue massage		
Contraindications and modifications to massage		
Aromatherapy and massage		

**Comments:** \_\_\_\_\_  
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